

## OVER-THE COUNTER (OTC) DRUG REIMBURSEMENT CHARTS

The following is a listing of drugs by type (and name brand example). We have separated these OTC drugs into the following categories:

1. **Primarily Medical Care:** This chart identifies drugs that typically fall into the category of medical care. The participant does not need a diagnosis of a specific condition and recommendation to take the OTC from a health care provider in order to receive reimbursement.
2. **Dual Purpose:** This chart identifies drugs that typically serve a dual purpose-general health of the individual and/or to treat a specific medical condition. Participants must have a written diagnosis of a specific condition and a recommendation to take the OTC by a health care provider in order to receive reimbursement.
3. **General Health/Cosmetic:** This chart identifies drugs that are typically for the general health of the individual and/or cosmetic drugs and toiletries. These are typically not reimbursable under any circumstance.

**These lists are not intended to be exhaustive. Other drugs not listed may fall into one the categories described below. "Stockpiling" not permissible – reasonable quantities eligible for reimbursement.**

### 1. OTC Drugs Used Primarily for Medical Care

These are typically reimbursable with only a proper receipt. No recommendation from a health care provider is needed.	
Type of Drug	Examples <sup>1</sup>
Acne Treatment	Clearasil, Proactiv Solution
Allergy Prevention & Treatment	Benadryl, Sudafed, Actifed, Chlora Trimaton, and Nasalcrom
Antacids and Acid Reducers	Gas-X, Maalox, Mylanta, Tums, AXID AR, Pepcid AC, Prilosec OTC, Tagamet HB, and Zantac 75AXID AR, Pepcid AC, Prilosec OTC, Tagamet HB, and Zantac 75
Anticandial	Femstat 3, Gyne-Lotrimin, Mycelrx-7, Monistat 3, 7, and Vagistat-1
Antihistamines	Actidil Syrup and Capsules, Actifed, Allerest, Benadryl, Claritin, Chlor-Trimeton, Contac, Dimetane, Drixoral, Nyquil, Sudafed, Tavist-1, and Triaminic
Antidiarrheal and Laxatives	Ex-Lax, Pepto-Bismol, Immodium A.D. and Kaopectate
Anti-fungal	Lamisil AT, Lotramin AF, and Micatin
Anti-itch Lotions and Creams (e.g., for athletes foot, jock itch, bug bites, poison ivy)	Bactine, Caldecort, Cortaid, Hydrocortisone, and Lanacort, Calamine Lotion, Benadryl Cream, Caladryl, Cortaid, Lamisil AT, Lotramin AF, and Micatin
Cold Sore/Fever Blister/Chapped, broken lips	Abreva Cream, Blistex, Chapstick, Vaseline
Cough Suppressants, Cough Drops	Robitussin, Vicks 44, Chloraseptic
Decongestant/ Nasal Decongestant and Cold Remedies	Advil Cold and Sinus, Afrin, Afrinol, Aleve Cold and Synus, Children's Advil Cold, Duration, Dristan Long Lasting, Neo-Synephrine- 12 Hour, Orrivin, Sudafed, Tavist-D, Tylenol Cold and Flu, Thera-flu, Alka Seltzer Cold and Flu, Nyquil, Actidil Syrup and Capsules, Actifed, Allerest, Benadryl, Claritin, Chlor-Trimeton, Contac, Dimetane, Drixoral, Sudafed, Tavist-1, and Triaminic
Dehydration in Children	Pediatlyte
Diaper Rash Ointments	Balmox and Desitin
External Analgesic	Ben Gay, Flexall

<sup>1</sup> This list is not an exhaustive list and is intended to give examples of some of the most common brand names of OTC drugs.

## 1. OTC Drugs Used Primarily for Medical Care (Con't)

These are typically reimbursable with only a proper receipt. No recommendation from a health care provider is needed.	
Type of Drug	Examples <sup>1</sup>
Eye Drops for Allergy/Cold Relief	Ocu Hist, Visine
Hemorrhoid Treatments	Preparation H, Hemorid, and Tronolane
Internal Analgesic/antipyretic	Advil, Aleve, Children's Motrin, Nuprin, Excedrin, Tylenol, Bayer Aspirin
Menstrual Cycle Medications	Midol, Pamprin, and Premysyn PMS
Migraine	Advil Migraine Liqui-gels, Excedrin Migraine, Motrin Migraine Pain
Motion Sickness Medication	Dramamine and Marizine
Nicotine Gum or Patches and Smoking Cessation Aids	Nicorette, Nicotrol, and Nicodin
Pediculicide (head lice)	Nix
Pregnancy / Ovulation Kits	EPT, First Response
Poison Ivy Protection	Ivy Block
Smoking Cessation	Commit, Nicoderm CQ, Nicorette, Nicotrol,
Toothache and teething pain relievers	Orajel
Wart removal medication	

<sup>1</sup> This list is not an exhaustive list and is intended to give examples of some of the most common brand names of OTC drugs.

## 2. Dual Purpose OTC Drugs

Permissible with Health Care Provider's Note Listing Diagnosis of a Medical Condition and Recommendation of OTC Drug	
Anti-baldness/hair loss/ hair replacement/ such as Rogaine, but only if to replace hair loss due to a medical condition and not for balding due to age.	
Medicated shampoo to treat a specific medical condition like psoriasis and only the amount in excess of the cost of normal shampoo.	
Weight loss/dietary supplements must be for a specific medical condition such as obesity	
Dental fluoride treatments, special mouthwashes, or treatments for gingivitis	
Fiber supplements such as <i>Benefiber and Metamucil</i>	
Glucosamine/chondroitin for arthritis or other medical condition (not reimbursable if taken for overall joint health)	
Herbal supplements used to treat a specific disease such as St. John's Wort for depression	
Nose strips for proper breathing or other medical conditions	
Retin-A (not reimbursable if used for cosmetic purposes such as wrinkle reduction)	
Snoring cessation aids and medications such as <i>Breathe Right Spray, Snorezz</i>	
Type of Drug	Comments
Sunscreen	Arguably, sunscreen prevents cancer and "prevention" is one of the core elements of the definition of medical care. However, unless the individual had or has skin cancer, there is likely no imminent probability of disease.

## 3. OTC Drugs Primarily Not Reimbursable

OTC Drugs or other products that are not for Medical Care
Deodorants
Face creams, moisturizers, eye creams, and wrinkle reducers
Hair removal treatments and waxes
Mouth washes, antiseptics and oral anesthetics
Toothpaste, Tooth Whitening kits, and powders
Vitamins